



WEEKLY SYLLABI BREAKDOWN

Academic Session: 2019-20

SSC-I & II

Fazaia Teachers' Training Institute PAF Complex, E-9, Islamabad

March, 2019

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ENGLISH: CLASS-X

CARAVAN BOOK HOUSE LAHORE

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
1	Ice-Breaking at the Session Commencement [Introduction with classes, Overview of Textbooks/ Syllabi/ Time Table and General Academic Scheduling] Grammar: Parts of Speech (Rules, Exercises)	Introduction of students with his/her class mates, Teachers and school environment
2	(Pages 1-8) Unit 1: Hazrat Muhammad (SAWW) an Embodiment of Justice:, Glossary, Vocabulary, Reading Comprehension Grammar: Practice of Present Tense	Importance of Labour Day Three Minutes' Talk by 2- 3 children in each class in every week revealing their talents and building their confidence
3	(Pages 8-14) Unit 1 (Contd): Grammar exercises, Oral communication Skills and Writing skills Grammar: Kinds of sentences	Celebration of Mother's Day
4	(Pages 15-20) Unit 2: Chinese New Year: Glossary, Vocabulary, Reading Comprehension Grammar: Use of must/mustn't, Practice of past tense	Importance of Ramadan Practice of Fazaian Honour Code 1
5	(Pages 21-26) Unit 2 (Contd): Grammar, Oral Communication Skills, Writing Skills, Further Reading Activity Grammar: Simile, Alliteration, Personal Pronoun, Phrasal verb	Practice of Fazaian Honour Code 2
6	(Pages 27- 31) Unit 3 : Try Again : Vocabulary, Reading Comprehension Grammar : Adverbs, Gerund and infinitives, Practice of Futures Tense	
7	(Pages 31-36) Unit 3 (Contd) : Grammar, Oral Communication Skills, Writing Skills Grammar: Phrasal verb, Narration(assertive sentence)	SUMMER SCHOOL-SSC
8	(Pages 37-45) Unit 4: First Aid: Glossary, Vocabulary, Reading Comprehension Grammar: Use of metaphor and personification, transitive/intransitive verb, narration (positive sentences)	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
9	(Pages 46-49) Unit 4 (Contd) :Grammar, Oral Communication Skills, Writing Skills Grammar: Narration (Interrogative Sentences)	SUMMER SCHOOL-SSC
10	(Pages 50-54) Review 1 Grammar: Modal verbs, Conditional Sentences (type-I), Narration. Exclamatory Sentences, Phrasal Verbs	Practice of Fazaian Honour Code 3
11	(Pages 55- 61) Unit 5: The Rain: Vocabulary, Reading Comprehension Grammar: Essay Writing	Importance of Eid-Ul- Azha Practice of Fazaian Honour Code 4
12	(Pages 61-66) Unit 5 (Contd): Grammar, Oral Communication Skills, Writing Skills, Further Reading Activity Grammar: Exercises of Passage Comprehension	Celebration of Independence Day Practice of Fazaian Honour Code 5
13	(Pages 67-72) Unit 6:Television Vs Newspapers: Glossary, Vocabulary, Reading Comprehension Grammar: Passage Comprehension, Phrasal Verbs	Practice of Fazaian Honour Code 6
14	(Pages 73-78) Unit 6 (Contd): Grammar, Oral Communication Skillls, writing Skills Grammar: Application writing	Practice of Fazaian Honour Code 7
15	(Pages 79-84) Unit 7: Little By Little One Walks Far! : Glossary, Vocabulary, Reading Comprehension Grammar: Relative pronoun, Parts of speech	Celebration of Defense Day Practice of Fazaian Honour Code 8
16	(Pages 85-90) Unit 7 (Contd): Grammar, Oral Communication skills, Writing Skills Grammar: Adjective clauses, Practice of formal letter writing, practice of Narration	Importance of Ashora-e- Moharram Practice of Fazaian Honour Code 9
17	(Pages 91-95) Unit 8:Peace: Vocabulary, Reading Comprehension Grammar: Comprehension of stanza and passage, Practice of tenses	Practice of Fazaian Honour Code 10
18	(Pages 95- 100) Unit 8 (Contd): Grammar, Oral Communication Skills, Writing Skills (Pages 101-105) Review 2 Grammar: Practice of tenses, Practice of narration, Essay writing, letter writing	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
19	(Pages 106-111) Unit 9:Selecting the Right Career: Glossary, Vocabulary, Reading Comprehension Grammar :Adverb clause, Subordinating Conjunctions	Celebration of World Teacher's Day
20	(Pages 112-117) Unit 9 (Contd): Grammar, Oral Communication skills, Writing Skills Grammar: Revision of Important grammar topics	
21	(Pages 118-122) Unit 10:A World without Books?: Glossary, Vocabulary, Reading Comprehension Grammar :Reinforcement Exercises on Essay writing and formal letter writing	
22	(Pages 123- 128) Unit 10 (Contd): Grammar, Oral Communication Skills, Writing Skills Grammar: Reinforcement Exercises on Essay writing and formal letter writing	
23	Revision	
24-25	SEND UP EXAMINATION SSC	Celebration of Iqbal's Day
26	(Pages 129-134) Unit 11: Great Expectations: Glossary, Vocabulary, Reading Comprehension Grammar: Exercises of Passage comprehension, Phrasal Verbs, Application Writing	Importance of Rabi-ul- Awal & Seert-un-Nabi
27	(Pages 134-138) Unit 11 (Contd): Grammar, Oral Communication Skills, Writing Skills	
28	(Pages 139-145) Unit12: Population Growth and World Food Supplies: Glossary, Vocabulary, Reading Comprehension	
29	(Pages 145-148) Unit 12 (Contd): Grammar, Oral Communication Skills, Writing Skills Grammar: Exercises of Passage comprehension, Phrasal Verbs, Application Writing	
30	(Pages 149-154) Unit 13: Faithfulness: Glossary, Vocabulary, Reading Comprehension Grammar: Revision of Important topics	National Resolve Day to Promote education

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities	
31	(Pages 154-159) Unit 13 (Contd): Grammar,Oral Communication Skills, Writing Skills	Celebration of Quaid's Day	
	Grammar: Revision of Important topics		
32	Revision (Pages 160- 163) Review 3		
33-34	PRE-BOARD EXAM SSC		
35	Revision and Tests: units # 1,2,3 and related grammar topics (Solution of questions of units # 1,2,3 and related grammar topics from FBISE Papers -(Last Five Years)		
36	Revision and Tests: units # 4,5,6 and related grammar topics (Solution of questions of units # 4,5,6 and related grammar topics from FBISE Papers -(Last Five Years)		
37	Revision and Tests: units # 7,8 and related grammar topics (Solution of questions of units # 7,8,and related grammar topics from FBISE Papers -(Last Five Years)	Kashmir day	
38	Revision and Tests: units # 9,10 and related grammar topics (Solution of questions of units # 9,10 and related grammar topics from FBISE Papers -(Last Five Years)		
39	Revision and Tests: units # 11,12 13 and related grammar topics (Solution of questions of units # 11, 12, 13 and related grammar topics from FBISE Papers -(Last Five Years)		
40	Solution of FBISE Papers -(Last Five Years)		
41	PREP LEAVES		
FBISE SSC EXAMINATION COMMENCES			

ومضمن:ا دُردو

رُدو)الزيم(ازرش:يملعانك اخبن

امجتع:دمہ

وقا دواءاش باجن 🛚 ٹسکی کرور

Personality Grooming Activities	Unit/Chapter & Topic	Academic Week
Introduction of teacher, students and school environment	Ice-Breaking at the Session Commencement [Introduction with classes, Overview of Textbooks/ Syllabi/ Time Table and General Academic Scheduling] פֿאַת, רָשִׁר - פֿװֹת ווֹשׁתָרָיִאָר בּזֹאַרוֹשִׁתְ פּוֹאַרְאָיָרָי	1
Importance of Labour Day Three Minutes' Talk by 2- 3 children in each class in every week revealing their talents and building their confidence	قبس بمن ۲: تعن ــقشم رگارمئ: <u>م</u> لمج یک _{گی} طف از جاریم رکان	2
Celebration of Mother's Day	قبس ربین ۳: ر مز انمحمدیعس –ق شم مظن ۱: دیمان رکالیس پمرگیم ککدش ت—ق شم	3
Importance of Ramadan Practice of Fazaian Honour Code 1	قبسربمن۴:رظنېےاپاسک <i>ن</i> ـقشم رگارمئ: تیئہ _کاحل <u>ظ _</u> سز غل اورمظناکرفیق	4
Practice of Fazaian Honour Code 2	مظن ۲: افهمطت ندید بعا الله – ق شم رگار مئ: ابعر ت خیم دیشت، اا عتسره، اجهز رحل س یک اشد نیم رکان	5
	SUMMER VACATION The Subject of Urdu is not to be taught during Summer School	6-9
Practice of Fazaian Honour Code 3	قبسربمن <i>۵</i> : رېاتسزیکىزېشاد <i>ی</i> ــقشم رگارمئ: _لمج _ئ کئ _ا طفئاز جارپیمرکان) در دایئ (10
Importance of Eid-ul- Azha Practice of Fazaian Honour Code 4	سربمن؟: اُلدواد ريمديع ارطفل فقشم رگار مئ: ااعشر نيمدعتمدانعر صيكاچېپن ومضمن يقلِخناه كليئ	11

Personality Grooming Activities	Unit/Chapter & Topic	Academic Week
Celebration of Independence day	مظن٣: اسكنقشم	12
Practice of Fazaian	ومضمن يقانداه كليئ	
Honour Code 5	رگار مئ:ملمج ابیمس اور ملمح بایف یکر تبیک و حنی	
Practice of Fazaian Honour Code 6	قبس ربین V: محمر یمے دوونس ےس چبز –قشم	13
Practice of Fazaian Honour Code 7	مظن ۴ <u>: ویج م</u> ویجے اِہائسکن -ق شم	14
rionour code /	ابكين: س جاكاكم ألى س وكاس عهج	
Defense day celebration Practice of Fazaian	ز غلربمنا : ئىيصمى ھبر اتحز فارىپئگ ےہ -ق شم	15
Honour Code 8	ابع رت ے س ذوینعم الفلظو کہ اگل اگل کر کہ ان	
Importance of Ashora-e- Muharram	هٔ ا ^{ن ان م}	16
Practice of Fazaian	َ ع <u>-</u> قشم	
Honour Code 9	ومضمن يبقلغنا هكليئ	
Practice of Fazaian Honour Code 10	ز غل رہن ۲: آ دیم آ دیم ےس اٹل ےہ -ق شم	17
1.1011041 0040 10	رگار مئ: ملمجر تعرمض ےکو حاےل ےس طلغر قف ات یک در رکش	
	ز غل ربمن ٣: رس ريمو سداي هب ريمن ، دل ريم انمت ي هبنيهن - ق شم	18
	ومضمن يغلخاه كليئ	
Celebration of World Teacher's Day	قبسريمن ٩ : المغچوخ ر -قشم	19
Teacher's Day	ادکین: اسیجر کو کگو اسیر هبر مگ	
	ومضمن يقالخاه كليئ	20
	ابكين: ىڤلِخناهكلىيئ	
	قبس ربمن ۱ • : انم دریام ی ل – ق شم	21
	ومضمن يعالحناه كليئ	
	رگار مئ فلنخما انصفے کا حلظے سن فاہر و س و کا انہجمس	22
	ومضمن يقلخناه كليئ	

Personality Grooming Activities	Unit / Chapter & Topic	
	دربایئ	23
Celebration of Iqbal's Day	SEND-UP EXAMINATION SSC	24- 25
Importance of Rabi-ul- Awal and Seerat-un-Nabi	مظن ن او ب ن یکاشدی – ق شم ابکین: ان اصن یفاک الجن م	26
	ہیں۔ ن طاق ہے۔ قبس بین ۱۱:ی لمٹ خب – ق شم دتیما اور رہنے کے کو حالے لیے سے لمجی کے عیطقت رکیان	27
	۔ حودیے دی ہے کہ اور تاہم کی میں میں اور اور اور اور اور اور کی اور	28
	بين ٣١:وطخ كِطْڠُبِلْ-قَشْم بعن ٤:املوگداهرو -قشم ابكين:چسنيمربتک	29
National Resolve Day to Promote Education	قبس ربین ۴۱: وطخ وطیش ادمحدص یکی قشم رگ ار می: این پایخ الهت و کفیلتخم ادن او توس سر د کری کان و مضم <u>ن : رئیل</u> ند اهکاری ی	30
Quaid's Day Celebration	ز غلىربىن ۴: ەىرىخدون)لصىرە ، ر ر برى يەھى لهبىرىيە –قىشىم ومضمن يقلىختاھكلىئ رگار مئى: فىلتخم انصف كىاحلىل سىن فىلېروس وكانهجمس	31
	(Revision of all core concepts)	32
	PRE BOARD EXAM SSC	33- 34
	قبس ربین ۱ – ۳ ، ز غل ربین ۱ ، مظن ربین ۱ اور رگار مئ فی انتخم انصفے کا حلظ سے سن فی اپروس کی انهجمس یک در بابئ اور ٹسیٹ	35

Personality Grooming Activities	Unit / Chapter & Topic	
Kashmir Day	قبس ربس ۴ – ۶، ز غل ربس ۲، مظن ربس ۲ – ۱۳ اور رگ ار مئ: اےنپایخ ال توکف لمتخم ادن ا رفزیں <u>س</u>	36
	رحترى ركان يكدر هايئ اور شسيث	
	قبس ربمن ۷ – ۹ ، ز غل ربمن ۳ ،مظن ربمن ۴ – ۵ اور رگار مئ: نتبماا ور ربخ ےکموح اے لے سے لمجئ ی	37
	عبطَقَتُركانٍ يكدر هايئ اور تُسيتُ	
	قبس ربمن ۱ · - ۲۱، ز غل ربمن ۴ ، مظن ربمن ۴ او ر رگار من: ملمجر تعوه <u>ض ک</u> ی و حا <u>ل س</u> طلغر قفات	38
	بكدرية شيكاور شسيث	
Talk on Honesty, Truthfulness and	قبس ربمن ۳۱ – ۴۱ ،ملمج ابیمس او ر ملمج «لِعفی کر نبیک و حنی، ابعر تخیم «پیئن، ااعتسر ه، اجمز	39
Compassion	ر ملس یک السدنیسرکان ، مے امح یک محطف از جاں پیمرکان، ذوینعم الفلظاک المعتسل و ، الشردنیہ، اور ااعشر	
	نيم دعتمد انعرص يكاجه برتى يكدر هايئ اور شسيث	
	امه و موضاعت بكدر ه ايئ	40
Farewell Party	PREP LEAVES	41
	ANNUAL EXAM (PLAIN AREAS)	

WEEKLY SYLLABI BREAKDOWN: ACADEMIC SESSION 2019-20 MATHEMATICS: CLASS-X

Punjab Text Book Board (ILMI KITAB KHANA)

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
1	Ice-Breaking at the Session Commencement [Introduction with classes, Overview of Textbooks/ Syllabi/ Time Table and General Academic Scheduling] Pages (1-7) Unit 1: Quadratic Equations, Solution Of Quadratic Equations, Solution By Factorization, Solution By Completing Square, Exercise 1.1, Quadratic Formula, Use Of Quadratic Formula, Exercise 1.2	Introduction of teacher, students and environment
2	Pages (8-16) Unit 1 (Contd): Equations Reducible To Quadratic Form. Exercise 1.3, Radical Equations, Exercise 1.4, Misc Exercise 1	Importance of Labour Day Three Minutes' Talk by 2-3 children in each class in every week revealing their talents and building their confidence
3	Pages (17-25) Unit 2: Theory Of Quadratic Equations, Nature Of The Roots Of A Quadratic Equation, Exercise 2.1, Cube Root Of Unity And Their Properties, Exercise 2.2,	Celebration of Mother's Day
4	Pages (26–31) Unit 2 (Contd): Roots And Co-Efficients Of A Quadratic Equation, Exercise 2.3, Symmetric Functions Of The Roots Of A Quadratic Equation, Exercise 2.4	Importance of Ramadan Practice of Fazaian Honour Code 1
5	Pages (32–39) Unit 2 (Contd): Formation Of A Quadratic Equation, Exercise 2.5, Synthetic Division, Exercise 2.6	Practice of Fazaian Honour Code 2
6	Pages (39–48) Unit 2 (Contd): Simultaneous Equations, Exercise 2.7, Problems Leading To Quadratic Equations, Exercise 2.8, Miscellaneous Exercise 2	
7	Pages (49–56) Unit 3: Variations , Ration Proportions And Variations, Exercise 3.1, Direct And Inverse Variation, Exercise 3.2	SUMMER SCHOOL-SSC
8	Pages (56–65) Unit 3 (Contd): Finding Proportion, Exercise 3.3, Theorems On Proportions, Exercise 3.4, Joint Variation, Exercise 3.5	
9	Pages (65–73) Unit 3 (Contd): K-Method, Exercise 3.6, Problems on Variation, Exercise 3.7, Miscellaneous Exercise 3	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
10	Pages (145–153) Unit 7: Introduction to Trigonometry, Measurement of an Angle, Exercise 7.1, Sector of a Circle Exercise 7.2	Practice of Fazaian Honour Code 3
11	Pages (153–165) Unit 7 (Contd): Trigonometric Ratios, Exercise 7.3, Trigonometric Identities, Exercise 7.4	Importance of Eid-Ul-Azha Practice of Fazaian Honour Code 4
12	Pages (166–170) Unit 7 (Contd): Angle of Elevation and Depression, Exercise 7.5, Misc Exercise 7 Pages (171-173) Unit 8: Projection of a Side of a Triangle , Theorem 1, Exercise 8.1	Celebration of Independence Day Practice of Fazaian Honour Code 5
13	Pages (174-178) Unit 8 (Contd): Theorem 2, Theorem 3, Exercise 8.2, Miscellaneous Exercise 8	Practice of Fazaian Honour Code 6
14	Pages (74–78) Unit 4: Partial Fractions , Fraction, Resolution of a Fraction into Partial Fractions, Exercise 4.1, Exercise 4.2	Practice of Fazaian Honour Code 7
15	Pages (79–84) Unit 4 (Contd): Resolution of a Fraction into Partial Fractions, Exercise 4.3, Exercise 4.4, Miscellaneous Exercise 4	Celebration of Defense Day Practice of Fazaian Honour Code 8
16	Pages (85–91) Unit 5: Sets and Functions , Sets, Exercise 5.1, Properties of Union and Intersection, Exercise 5.2	Importance of Ashora-e- Moharram Practice of Fazaian Honour Code 9
17	Pages (91–99) Unit 5 (Contd): Fundamental Properties of sets, Venn Diagram, Exercise 5.3, Ordered Pair and Cartesian Product, Exercise 5.4	Practice of Fazaian Honour Code 10
18	Pages (99–106) Unit 5 (Contd): Binary Relation, Function or Mapping, Exercise 5.5, Misc Exercise 5	
19	Pages (179–184) Unit 9 : Chords of a Circle , Basic Concepts of the Circle, Theorem 1, Theorem 2, Theorem 3, Exercise 9.1	Celebration of World Teacher's Day
20	Pages (184–188) Unit 9 (Contd): Theorem 4, Theorem 5, Exercise 9.2, Miscellaneous Exercise 9	
21	Pages (189–195) Unit 10: Tangent to a Circle, Theorem 1, Theorem 2, Theorem 3 Exercise 10.1, Theorem 4(A)	
22	Pages (196–201) Unit 10 (Contd): Exercise 10.2, Theorem 4(B), Exercise 10.3, Misc Exercise 10	
23	Revision	
24-25	SEND UP EXAMINATION SSC	Celebration of Iqbal's Day

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
26	Pages (202–210) Unit 11 : Chords and Arcs, Theorem 1, Theorem 2, Theorem 3, Theorem 4, Exercise 11.1, Miscellaneous Exercise 11	Importance of Rabi-ul-Awal & Seert-un-Nabi
27	Pages (211–220) Unit 12: Angle in a Segment of a Circle , Theorem 1, Theorem 2, Theorem 3, Theorem 4, Exercise 12.1, Miscellaneous Exercise 12	
28	Pages (221-228) Unit 13: Practical Geometry-Circles , Construction of a Circle, Exercise 13.1, Circles Attached to Polygons, Exercise 13.2	
29	Pages (229–240) Unit 13 (Contd): Tangent to the Circle, Exercise 13.3, Miscellaneous Exercise 13	
30	Pages (107–125) Unit 6: Basic Statistics, Frequency Distribution, Cumulative Frequency Distribution, Exercise 6.1, Measures of Central Tendency	National Resolve Day to promote education
31	Pages (126–144) Unit 6 (Contd): Measures of Central Tendency, Exercise 6.2, Measures of Dispersion, Exercise 6.3, Miscellaneous Exercise 6	Celebration of Quaid's Day
32	Revision	
33	PRE-BOARD EXAM SSC	
34	PRE-BOARD EXAM 55C	
35	Revision / Tests (Solution of questions of chapters 1, 2 & 3 from FBISE past papers)	
36	Revision / Tests (Solution of questions of chapters 7 & 8 from FBISE past papers)	Kashmir day
37	Revision / Tests (Solution of questions of chapters 4 & 5 from FBISE past papers)	
38	Revision / Tests (Solution of questions of chapters 9 &10 from FBISE past papers)	
39	Revision / Tests (Solution of questions of chapters 11 & 12 from FBISE past papers)	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
40	Revision / Tests (Solution of questions of chapters 13 & 6 from FBISE past papers)	
41	PREP LEAVES	
FBISE SSC EXAMINATION COMMENCES		

PHYSICS: CLASS-X

Punjab Text Book Board

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
1	Ice-Breaking at the Session Commencement [Introduction with classes, Overview of Textbooks/ Syllabi/ Time Table and General Academic Scheduling] (Pages 2-7) Unit 10: SIMPLE HARMONIC MOTION AND WAVES, Simple harmonic motion, Damped oscillations Practical / Lab Work	Introduction of teacher, students and environment
2	(Pages 7-18) Unit 10 (Contd): Wave motion, Types of mechanical waves, waves as carriers of energy, Relation V = fλ, Ripple Tank, Exercise <i>Practical / Lab Work</i>	Importance of Labour Day Three Minutes' Talk by 2-3 children in each class in every week revealing their talents and building their confidence
3	(Pages 19-28) Unit 11: SOUND, Sound waves, Characteristics of Sound, Reflection of Sound, Speed of Sound Practical / Lab Work	Celebration of Mother's Day
4	(Pages 28-35) Unit 11 (Contd): Noise Pollution, Importance of Acoustics, Audible Frequency Range, Ultrasound and its uses, Exercise Practical / Lab Work	Importance of Ramadan Practice of Fazaian Honour Code 1
5	(Pages 36-42) Unit 12: GEOMETRICAL OPTICS, Reflection of light, Spherical mirrors, Image location by spherical mirrors Practical / Lab Work	Practice of Fazaian Honour Code 2
6	(Pages 42-47) Unit 12 (Contd): Refraction of light, Total Internal Reflection, Applications of total internal reflection, <i>Practical / Lab Work</i>	SUMMER
7	(Pages 47-53) Unit 12 (Contd): Lenses, Power of lenses, Image formation by lenses, Image location by lens equation <i>Practical / Lab Work</i>	SCHOOL-SSC

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
8	(Pages 54-58) Unit 12 (Contd): Application of lenses, Simple microscope, Compound Microscope, Telescope Practical / Lab Work	SUMMER
09	(Pages 59-67) Unit 12 (Contd): The Human Eye, Defects of Vision, Exercise Practical / Lab Work	SCHOOL-SSC
10	(Pages 68-74) Unit 13: ELECTROSTATICS , Production of Electric Charges, Electrostatic Induction, Electroscope, Coulomb's Law Practical / Lab Work	Practice of Fazaian Honour Code 3
11	(Pages 74-82) Unit 13 (Contd): Electric Field and Electric Field Intensity, Electrostatic Potential, Capacitors and Capacitance, Combinations of Capacitors Practical / Lab Work	Importance of Eid-UI-Azha Practice of Fazaian Honour Code 4
12	(Pages 82-89) Unit 13 (Contd): Different Types of Capacitors, Applications of Electrostatics, Some Hazards of Static Electricity, Exercise. Practical / Lab Work	Celebration of Independence Day Practice of Fazaian Honour Code 5
13	(Pages 90-95) Unit 14: CURRENT ELECTRICITY, Electric Current, Conventional Current, Potential Difference <i>Practical / Lab Work</i>	Practice of Fazaian Honour Code 6
14	(Pages 95-99) Unit 14 (Contd): Electromotive Force (e.m.f), Ohm's Law. Practical / Lab Work	Practice of Fazaian Honour Code 7
15	Pages (99-104) Unit 14 (Contd): Factors Affecting Resistance, Conductors, Insulators, Combination of Resistors <i>Practical / Lab Work</i>	Celebration of Defense Day Practice of Fazaian Honour Code 8
16	(Pages 104 -109) Unit 14 (Contd): Electrical Energy and Joule's Law, Electric Power, D.C. and A.C. <i>Practical / Lab Work</i>	Importance of Ashora-e- Moharram Practice of Fazaian Honour Code 9
17	(Pages 109 -117) Unit 14 (Contd) Hazards and Safe use of Electricity, Exercise <i>Practical / Lab Work</i>	Practice of Fazaian Honour Code 10

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
18	(Pages 118–123) Unit 15: ELECTROMAGNETISM: Magnetic Effects of a Steady Current, Force on Current Carrying Conductor Placed in a Magnetic Field. Turning Effect on a Current Carrying Coil in a Magnetic Field Practical / Lab Work	
19	(Pages 124–131) Unit 15 (Contd): D.C. Motors, Electromagnetic Induction, Direction of induced e.m.f. Lenz's Law, A.C. Generator, Mutual Induction	Celebration of World Teacher's Day
20	(Pages 131–138) Unit 15 (Contd): Transformer, High Voltage Transmission, Exercise Practical / Lab Work	
21	(Pages 139–145) Unit 16: BASIC ELECTRONICS, Thermionic Emission, Investigating the Properties of Electrons, Cathode-Ray Oscilloscope (C.R.O), Analogue and Digital Electronics Practical / Lab Work	
22	(Pages 145–154) Unit 16 (Contd): Basic operations of digital electronics-Logic Gates, NAND Gate, NOR Gate, Uses of logic gates, Exercise Practical / Lab Work	
23	Revision	
24	SEND UP EXAMINATION SSC	Celebration of Iqbal's Day
25		
26	(Pages 155–161) Unit 17: INFORMATION AND COMMUNICATION TECHNOLOGY, Information and Communication Technology, Components of Computer Based information System (CBIS), Flow of Information, Transmission of electrical signal through wires, Transmission of Radio-waves through space Practical / Lab Work	Importance of Rabi-ul-Awal & Seert-un-Nabi

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
27	(Pages 161–167) Unit 17 (Contd): Transmission of light signals through optical fibres, Information Storages Devices <i>Practical / Lab Work</i>	
28	(Pages 167–173) Unit 17 (Contd) : Applications of Computer, Internet, Risks of ICT and Exercise Practical / Lab Work	
29	(Pages 174–180) Unit 18: ATOMIC AND NUCLEAR PHYSICS , Atom and Atomic Nucleus, Natural Radioactivity, Background Radiations, Nuclear Transmutations Practical / Lab Work	
30	(Pages 180–184) Unit 18 (Contd): Half–life and its measurement, Radio Isotopes and their uses <i>Practical / Lab Work</i>	National Resolve Day to promote education
31	(Pages 185–192) Unit 18 (Contd): Fission and Fusion reaction, Radiation Hazards and Safety measures, Exercise <i>Practical / Lab Work</i>	Celebration of Quaid's Day
32	Revision	
33	PRE-BOARD EXAM SSC	
34	TRE-BOARD EXAM 600	
35	Revision and Tests: Ch # 10,11 (Solution of questions from FBISE Past Papers)	
36	Revision and Tests: Ch # 12,13 (Solution of questions from FBISE Past Papers)	Kashmir day
37	Revision and Tests: Ch # 14,15 (Solution of questions from FBISE Past Papers)	
38	Revision and Tests: Ch # 16,17 (Solution of questions from FBISE Past Papers)	
39	Revision and Tests: Ch # 18 (Solution of questions from FBISE Past Papers)	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
40	Revision of all Core Concepts (Solution of questions from FBISE Past Papers)	
41	PREP LEAVES	
FBISE SSC EXAMINATION COMMENCES		

CHEMISTRY: CLASS-X

National Book Foundation, Islamabad

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
1	Ice-Breaking at the Session Commencement [Introduction with classes, Overview of Textbooks/Syllabi/ Time Table and General Academic Scheduling] (Pages 3- 10) Ch 09: CHEMICAL EQUILIBRIUM, Introduction, Reversible reactions and dynamic equilibrium, Law of mass action, Conditions of Equilibrium Practical / Lab Work	Introduction of teacher, students and environment
2	(Pages 11 – 20) Ch 09: (contd): Conditions of Equilibrium, Importance of Equilibrium, Exercise Practical / Lab Work	Importance of Labour Day Three Minutes' Talk by 2- 3 children in each class in every week revealing their talents and building their confidence
3	(Pages 21- 29) Ch 10: ACIDS, BASES AND SALTS, Introduction, Concepts of Acids and Bases, Arrhenius Concept, Bronsted Concept, Lewis Concept Practical / Lab Work	Celebration of Mother's Day
4	(Pages 30 – 36) Ch 10: (contd): Lewis Concept, Self- ionization of water, Importance of Kw, pH Scales Practical / Lab Work	Importance of Ramadan Practice of Fazaian Honour Code 1
5	(Pages 37-54) Ch 10: (contd): Use of Litmus paper, Salts, Methods of making Salts, Uses of Salts, Exercises Practical / Lab Work	Practice of Fazaian Honour Code 2
6	(Pages 55-62) Ch 11: ORGANIC CHEMISTRY , Introduction, Organic Compounds, Chemical diversity and magnitude of Organic Compounds, General Characteristics of Organic Compounds Practical / Lab Work	
7	(Pages 63–68) Ch 11: (contd): Saturated and unsaturated hydrocarbon, Sources and uses of organic compounds, Alkane and Alkyl radicals Practical / Lab Work	SUMMER SCHOOL-SSC
8	(Pages 69-75) Ch 11: (contd): Classification of Organic Compounds, Functional groups, Functional Groups containing Carbon, Hydrogen, Halogens and Oxygen, Aldehydes and Keytones Practical / Lab Work	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
9	(Pages 76–82) Ch 11: (contd): Functional groups containing double and triple bonds, Unsaturated compounds discharge, Concepts in brief Practical / Lab Work	SUMMER SCHOOL-SSC
10	(Pages 83–88) Ch 11:(contd): Key points and exercise Practical / Lab Work	Practice of Fazaian Honour Code 3
11	(Pages 89-96) Ch 12: HYDROCARBONS: Introduction, Alkanes, Properties of Alkanes, Halogenation Practical / Lab Work	Importance of Eid-UI- Azha Practice of Fazaian Honour Code 4
12	(Pages 97-103) Ch 12: (contd): Combustion, Uses of methane, Alkenes, Methods of preparation of Alkenes, Properties of Alkenes, Alkynes Practical / Lab Work	Celebration of Independence Day Practice of Fazaian Honour Code 5
13	(Pages 104-110) Ch 12: (contd): Methods of preparation of Alkynes, Properties of Alkynes Practical / Lab Work	Practice of Fazaian Honour Code 6
14	(Pages 111-114) Ch 12: (contd): Exercise Practical / Lab Work	Practice of Fazaian Honour Code 7
15	(Pages 115-123) Ch 13: BIOCHEMISTRY, Introduction, Carbohydrates and classification, Sources and uses of Carbohydrates, Polysaccharides, Proteins Practical / Lab Work	Celebration of Defense Day Practice of Fazaian Honour Code 8
16	(Pages 124 – 129) Ch 13: (contd): Amino Acids and Building Blocks, Source and use of Proteins, Lipids, Fatty Acids, Sources and uses of Lipids Practical / Lab Work	Importance of Ashora-e- Moharram Practice of Fazaian Honour Code 9
17	(Pages 130 – 135) Ch 13: (contd): Nucleic Acids, Deoxyribonucleic Acid (DNA), Vitamins, Type of Vitamins, Source and uses of vitamins Practical / Lab Work	Practice of Fazaian Honour Code 10
18	(Pages 136–144) Ch 13: (contd): Type of Vitamins, Source and uses of vitamins, Brief concepts, Exercise	
19	(Pages 145 – 148) Ch 14: ENVIRONMENTAL CHEMISTRY-I:ATMOSPHERE , Introduction, Composition of atmosphere.	
20	(Pages 149 – 151) Ch 14: ENVIRONMENTAL CHEMISTRY-I:ATMOSPHERE , Layers of Atmosphere, The Troposphere, Stratosphere, Mesosphere, Thermosphere.	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
21	(Pages 152 – 157) Ch 14 (contd): Air Pollutants, Sulphur Oxides, Carbon Monoxides, Nitrogen Oxide, Methane, Chlorofluorocarbons, Lead Compounds, Sources of air pollution, Global Warming Practical / Lab Work	
22	(Pages 158 – 166) Ch 14: (contd): Acid rain and its effects, Ozone depletion and its effect, Brief concepts Exercise. (Revision) Practical / Lab Work	
23	Revision	
24-25	SEND UP EXAMINATION SSC	Celebration of Iqbal's Day
26	(Pages 167 – 172) Ch 15 : ENVIRONMENTAL CHEMISTRY-II: WATER , Introduction, Properties of Water, Importance of water, Properties of water, Composition of water Practical / Lab Work	Importance of Rabi-ul- Awal & Seert-un-Nabi
27	(Pages 173 – 180) Ch 15: (contd): Water as a solvent, Soft and Hard water, Types of hardness of water, Methods of removing hardness, Methods to remove permanent hardness, Disadvantages of water hardness, Water pollution Practical / Lab Work	
28	(Pages 181 – 190) Ch 15: (contd): Society technology and science, Waterborne diseases, Distillation, Brief concepts, Exercise Practical / Lab Work	
29	(Pages 191–204) Ch 16: CHEMICAL INDUSTRIES: Introduction, Basic metallurgical operations, Refining of purification of metals, Solvey process, Advantages of Solvey process, Urea, Petroleum industry Practical / Lab Work	
30	(Pages 205 – 211) Ch 16: (contd): Petroleum industry, Fractional Distillation of petroleum,	National Resolve Day to promote education
31	(Pages 212 – 214) Ch 16: (contd): Exercise (Revision) Practical / Lab Work	Celebration of Quaid's Day
32	Revision	
33-34	PRE-BOARD EXAM SSC	
35	Revision and Tests: Ch # 9,10,11 (Solution of questions from FBISE PapersLast five years)	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
36	Revision and Tests: Ch # 12,13,14 (Solution of questions from FBISE PapersLast five years)	Kashmir day
37	Revision and Tests: Ch # 15,16, (Solution of questions from FBISE PapersLast five years)	
38	Revision and Tests: Ch # 9,10,11,12,13 (Solution of questions from FBISE PapersLast five years)	
39	Revision and Tests: Ch # 14,15,16, (Solution of questions from FBISE Papers Last five years)	
40	Revision and Tests: Ch # 9,10,11,12,13,14,15,16, (Solution of questions from FBISE Papers Last five years)	
41	PREP LEAVES	
FBISE SSC EXAMINATION COMMENCES		

BIOLOGY: CLASS-X

PLD Publishers, Lahore

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
	Ice-Breaking at the Session Commencement [Introduction with classes, Overview of Textbooks/ Syllabi/ Time Table and General Academic Scheduling]	Introduction of teacher, students and environment
1	(Pages 1-11) Chapter 10: Gaseous Exchange , Gaseous exchange in plants, Gaseous exchange in Human, The lungs, The mechanism of breathing	
	Practical / Lab Work	
	(Pages 11-17) Chapter 10 (contd): Respiratory disorders,	Importance of Labour Day Three Minutes' Talk by 2-
2	Bad effects of smoking, Exercise	3 children in each class in
	Practical / Lab Work	every week revealing their talents and building
		their confidence
3	(Pages 18-29) Chapter 11: Homeostasis, Homeostasis in plants, Homeostasis in Humans, Urinary system of humans, Functioning of kidney, Disorders of kidney, Kidney failure & transplant	Celebration of Mother's Day
	Practical / Lab Work	
4	(Pages 29-31) Chapter 11 (contd): Exercise	Importance of Ramadan
·	Practical / Lab Work	Practice of Fazaian Honour Code 1
5	(Pages 32-39) Chapter 12 Coordination & Control, Types of coordination, Human Nervous System Divisions of the Nervous system, Nerve cell, central nervous system, Brain, Spinal cord Practical / Lab Work	Practice of Fazaian Honour Code 2

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
6	(Pages 39-45) Chapter 12 (contd): Peripheral nervous system, Somatic nervous system, Reflex action, Receptors in Humans, Eye Practical / Lab Work	
7	(Pages 45-52) Chapter 12 (contd): Ear, Endocrine system Feedback mechanism, Disorders of Nervous System Practical / Lab Work	SUMMER SCHOOL-SSC
8	(Pages 53-56) Chapter 12 (contd): Exercise Practical / Lab Work	
9	(Pages 57-62) Chapter 13 :Support & Movement, Human skeleton, Components of human skeleton Practical / Lab Work	
10	(Pages 62-68) Chapter 13 (contd): Types of joints, Muscle and movement, Disorders of skeletal system, Exercise Practical / Lab Work	Practice of Fazaian Honour Code 3
11	(Pages 69-72) Chapter 14:Reproduction, Introduction, Methods of asexual reproduction(Fragmentation) Practical / Lab Work	Importance of Eid-Ul- Azha Practice of Fazaian Honour Code 4
12	(Pages 72-78) Chapter 14 (contd): Methods of asexual reproduction (Parthenogenesis), Vegetative propagation (Natural methods), Vegetative propagation(Artificial methods), Advantages and Disadvantages of Vegetative propagation of Plants Practical / Lab Work	Celebration of Independence Day Practice of Fazaian Honour Code 5
13	(Pages 78-80) Chapter 14 (contd): Sexual reproduction in flowering plants, Practical / Lab Work	Practice of Fazaian Honour Code 6
14	(Pages 80-86) Chapter 14 (contd): Pollination, Development & Structure of Seed, Germination of seed, Sexual reproduction in animals, Gametogenesis, fertilization Practical / Lab Work	Practice of Fazaian Honour Code 7
15	(Pages 87-93) Chapter 14 (contd): Reproduction in rabbit, Male reproductive system, Female reproductive system, Growth in human population, AIDS, Exercise Practical / Lab Work	Celebration of Defense Day Practice of Fazaian Honour Code 8

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
16	(Pages 94-98) Chapter 15: Inheritance, Introduction to Genetics, Chromosomes & Genes, Watson-Crick Model of DNA, How does DNA work, Genotypes and its types Practical / Lab Work	Importance of Ashora-e- Moharram Practice of Fazaian Honour Code 9
17	(Pages 98-101) Chapter 15 (contd): Mendel's Law of inheritance, Law of Independent Assortment Practical / Lab Work	Practice of Fazaian Honour Code 10
18	(Pages 101 – 107) Chapter 15 (contd): Co-Dominance and Incomplete Dominance , Variations& Evolution, Mechanism of Evolution, Practical / Lab Work	
19	(Pages 108 – 111) Chapter 15 (contd): Artificial Selection Exercise Practical / Lab Work	Celebration of World Teacher's Day
20	(Pages 112-120) Chapter 16: Man and His Environment, Levels of Ecological Organization, Components of Ecosystem, Flow of Material and Energy in Ecosystems, Biogeochemical Cycles, Carbon Cycle,	
21	(Pages 120-128) Chapter 16 (contd): Nitrogen Cycle, Interactions in Ecosystems, Symbiosis Mutualisms, Ecosystem balance and Human Impact,	
22	(Pages 129 – 136)) Chapter 16 (contd): Pollution: Consequences & Control of, Water Pollution Effects & Control, Conservation of Nature, Plans for Conversation of Nature, Exercise Practical / Lab Work	
23	Revision	
24-25	SEND UP EXAMINATION SSC	Celebration of Iqbal's Day
26	(Pages 137-143) Chapter 17: Biotechnology, Introduction, Genetic Engineering, Scope & Importance of Biotechnology, Fermentation in Biotechnology, Fermenter,	Importance of Rabi-ul- Awal & Seert-un-Nabi
27	(Pages 144-147) Chapter 17: Biotechnology, Genetic Engineering, Achievements of Genetic Engineering, Single Cell Protein, Practical / Lab Work	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
28	(Pages 148-149) Chapter 17 (contd): Exercise	
29	(Pages 150-154) Chapter 18 Pharmacology: Pharmacology Introduction, Medicinal Drugs, Addictive Drugs, Drug Addiction & Associated Problems Practical / Lab Work	
30	(Pages 155-156) Chapter 18 (contd): Antibiotics And Vaccines, Exercise Practical / Lab Work	National Resolve Day to Promote Education
31	(Pages 157-158) Chapter 18 (contd): Exercise Practical / Lab Work	Celebration of Quaid's Day
32	Revision	
33-34	PRE-BOARD EXAM SSC	
35	Revision and test Ch # 10,11 (Solution of questions of chapter 10,11 from FBISE papers Last five years)	
36	Revision and test Ch # 12,13 (Solution of questions of chapter 12,13 from FBISE papers Last five years)	Kashmir Day
37	Revision and test Ch # 14,15 (Solution of questions of chapter 14,15 from FBISE papers Last five years)	
38	Revision and test Ch # 16,17 (Solution of questions of chapter 16,17 from FBISE papers Last five years)	
39	Revision and test Ch # 18, (Solution of questions of chapter from FBISE papers Last five years)	
40	Solution of FBISE Papers Last five years	
41	PREP LEAVES	
FBISE SSC EXAMINATION COMMENCES		

WEEKLY SYLLABI BREAKDOWN: ACADEMIC SESSION 2019-20 PAKISTAN STUDIES: CLASS –X

Gohar Publishers Book - X

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
1	Ice-Breaking at the Session Commencement [Introduction with classes, Overview of Textbooks/ Syllabi/ Time Table and General Academic Scheduling] (Pages 3-11) Unit 5 History of Pakistan-II: Z.A. Bhutto Era1 (1971-77): Main aspects of the Economic Reforms, 1973 Constitution, Impact of Nationalization on Industry, Commerce and Trade. Key Aspects of constitution of 1973,	Introduction of teacher, students and environment
2	(Pages 12-18) Unit 5 (contd): Zia UI Haq Era (1977-88) major aspects of Islamization, Muhammad khan Junejo period: 1985-88, Afghan Jihad and refugee problem, Benazir regimes(first and second),	Importance of Labour Day Three Minutes' Talk by 2- 3 children in each class in every week revealing their talents and building their confidence
3	(Pages 18-24) Unit 5 (contd): Nawaz Sharif Regimes (first and second), Pakistan emergence as a nuclear power Local self-government plan2000,	Celebration of Mother's Day Speech contest: Pakistan as a first Islamic Nuclear state"
4	(Pages 25-27) Unit 5 (contd): Election 2002 and restoration of Democracy, Enlightened Moderation, Industrialization and Privatization, Economic Reforms introduced by Pervez Musharraf and Shaukat Aziz	Importance of Ramadan Group Activity: Practice Election procedure in the classroom Practice of Fazaian Honour Code 1
5	(Pages 28-29) Unit 5 (contd): Exercise.	Practice of Fazaian Honour Code 2
6-09	SUMMER VACATION The Subject of Pak.Studies is not to be taught during Summer School	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
10	Revision of previous Core concepts (Pages 30-35) Unit 6 Pakistan in World Affairs: Objectives of Pakistan Foreign Policy, Pakistan's Relations with neighbouring countries, ,	Practice of Fazaian Honour Code 3
11	(Pages 35-41) Unit 6 (contd): Kashmir Dispute, Pakistan's relations with O.I.C countries, Pakistan's relations with Central Asian Countries. Pakistan's relations with SAARC Countries	Importance of Eid-Ul- Azha Practice of Fazaian Honour Code 4 Arrange a round table group discussion on the topics: SAARC
12	(Pages 41-49) Unit 6 (contd): Pakistan's relations with the major world powers (USA, China, UK, EU, Russia and Japan), United Nation (Organs of UN),	Celebration of Independence day Practice of Fazaian Honour Code 5 Arrange an exhibition with slogan "Positive Pakistan" on Pakistan's contribution to maintain peace and harmony in the world.
13	(Pages 49-53) Unit 6 (contd): Pakistan's contribution towards peace. Exercise.	Practice of Fazaian Honour Code 6
14	(Pages 54-58) Unit 7 Economic Developments: Economic Development in Pakistan through Decades,	Practice of Fazaian Honour Code 7
15	(Pages 59-64) Unit 7: (contd) Important Sectors of Economy Mining :Major Mineral Resources, Agriculture ,Agricultural Potential along with problems and measures,	Defence day celebration Practice of Fazaian Honour Code 8
16	(Pages 64-74) Unit:7 (contd) Agriculture: Water Resources and Irrigation System, Indus Water Treaty, Production and Distribution of Major Crops of Pakistan, Livestock, Fishing	Importance of Ashora-e- Moharram Practice of Fazaian Honour Code 9
17	(Pages 74-79) Unit 7 (contd) Pattern of Modernisation in Agriculture, Main Problems Associated with Agriculture, Solution of Agricultural Problems, Industries of Pakistan	Practice of Fazaian Honour Code 10
18	(Pages 79-82) Unit 7 (contd) Different Resources of Energy: Importance of energy resources, Electricity, Natural Gas, Petroleum, Coal,	Make a model related to energy resources

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
19	(Pages 82-87) Unit:7 (contd) International Trade of Pakistan ,Major Imports and Exports of Pakistan, Composition of Pakistani Trade,	World Teacher's Day
20	(Pages 87-89) Unit 7 (contd): Directions of Pakistani Trade Balance Trade, Poverty Causes, Consequences and remedies of Poverty,	
21	(Pages 89-90) Unit 7 (contd): Importance of Sea-ports of Pakistan, Importance of Dry-ports of Pakistan,	
22	(Pages 90-92) Unit 7 (contd): Exercise	Follow the activity given on Pg-92
23	Revision	
24-25	SEND UP EXAMINATION SSC	Celebration of Iqbal's Day
26	Revision of previous Core concepts	Importance of Rabi-ul- Awal & Seert-un-Nabi
27	(Pages 93-96) Unit 8 Population, Society and Culture : Growth and Distribution of Population in Pakistan, Factors Affected on Growth of Population	
28	(Pages 96-101) Unit:8 (contd) Division of Population on Rural and Urban Basis, Division of population on Gender Basis, Education Condition in Pakistan, Educational Structure of Pakistan, Educational Problems of Pakistan,	Compile a demographical censes report, based on Educational sector
29	(Pages 101-106) Unit:8 (contd) Health Condition in Pakistan, Health Problems and Solutions ,Major Features of Pakistani Society and Culture,	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
		National Resolve Day to Promote Education Classroom Activity: Put- Ups
30	(Pages 106-117) Unit:8 (contd) , Commonality in Regional Cultures Leading to National Integration and Cohesion, Major Social Problems of Pakistan, National and Regional Languages	http://www.tolerance.org/a ctivity/put-ups (Students are used to put-downs, but what about put-ups? This activity helps students to see the positive things that their classmates are doing and gives them skills to affirm each other across social boundaries)
31	(Pages 117-120) Unit:8 (contd): Role of Minorities in Pakistan, Exercise	Quaid's Day Celebration Collect quotations from Quaid's speeches, related to minorities' rights and role for making Pakistan prosperous
32	Revision of previous Core concepts	
33- 34	PRE BOARD EXAM SSC	
35	Revision and Tests: Unit:5 Z.A.Bhutto Era1(1971-77):Main aspects of the Economic Reforms, 1973 Constitution, Rules,1988-99: Zia UI Haq Era (1977-88) major aspects of Islamization, Muhammad khan Junejo period: 1985-88, Afghan Jihad and refugee problem, Benazir regimes(first and second), Nawaz Sharif Regimes (first and second), Pakistan emergence as a nuclear power Local self-government	
36	Revision and Tests: Unit 6 : Objectives of Pakistan Foreign Policy, Pakistan's Relations with neighboring countries, Kashmir Dispute, Pakistan's relations with O.I.C countries, Pakistan's relations with Central Asian Countries. Pakistan's relations with SAARC Countries,	Kashmir Day Show a short documentary on OIC, SAARC and Kashmir Dispute
37	Revision and Tests: Unit 6 : Pakistan's relations with the major world powers (USA, China, UK, EU, Russia and Japan), United Nation (Organs of UN), Pakistan's contribution towards peace.	Talk on Hard work and Motivation

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
38	Revision and Tests: Unit 7 : Economic Developments: Economic Development in Pakistan through Decades, Major Sectors of Economy, Mining: Major Mineral Resources, Agriculture, Agricultural Potential along with problems and measures, Pattern of Modernisation in Agriculture, Main Problems Associated with Agriculture, Solution of Agricultural Problems, Industries of Pakistan International Trade of Pakistan, Major Imports and Exports of Pakistan,	
39	Revision and Tests Unit 8 : Society and Culture: Growth and Distribution of Population in Pakistan, Factors Affected on Growth of Population) Education Condition in Pakistan, Educational Structure of Pakistan, Educational Problems of Pakistan, Health Condition in Pakistan, Health Problems and Solutions	Talk on Honesty, Truthfulness and Compassion
40	Revision and Tests Unit 8 : Major Features of Pakistani Society and Culture, Commonality in Regional Cultures Leading to National Integration and Cohesion, Major Social Problems of Pakistan, National and Regional Languages, Role of Minorities in Pakistan	
41	PREP LEAVES	
ANNUAL BOARD EXAM (PLAIN AREAS)		

ومضمن: االسايمت

السايمت الزيم

باجن ركوكهماالني لسكى كرور ،الوهر

Personality Grooming Activities	Unit/Chapter & Topic	Academic Week
Introduction of teacher, students and environment	Ice-Breaking at the Session Commencement [Introduction with classes, Overview of Textbooks/ Syllabi/ Time Table and General Academic Scheduling]	
	اعدرف_ وسرة االحزاب كسپ ِ رظنم	1
) بعض ربين 27 ان 28 (درس الل رابع) اف ل (- وسرة الل حزاب -	
	آتی ربمن ۱ ان ۸ وېفم م ۱ و ر رشت حی و رېسف ــ يظفل و اباحمو ر ه رنهمج،اامثلارنی	
Importance of Labour Day Three Minutes' Talk by 2-3 children in each class in every week revealing their talents and building their confidence)بعفصربمن29ان30(درس اللر ابع) (ــ وسرة اال حز ابـــ آتى ربمن ۹ ان ۲۰ وېفم م اور رشت حى و رېسف ــ يظفل و اباحموره رن ممج،	2
Celebration of Mother's Day) بعفص ربمن 31 (درس اال و ل) (وسرة اال حزاب - ، المثار ن ي	3
Importance of Ramadan) $\sqrt{\frac{32}{2}}$ $\sqrt{\frac{1}{2}}$	4
Fazaian Honour Code 1	۱۲ ان ۷۲ وېغم مه اور رشت حی و رېسف ــ يظفل و اباحموره رن۵مج، المثار نی	
Practice of Fazaian Fazaian Honour Code 2) بعضر بمن 34 اث درس و السم افل (- وسرة اللحز اب - آتى ربس ١٨٢ ا	5
	۳ ۴ وبفم م اور رشت حی و ریسف ـ یظفل و اباحموره رن همج، المثار نی	
	SUMMER VACATION The Subject of Islamiat is not to be taught during Summer School	6-9
Practice of Fazaian Code 3)بعضرربىن36ائ37(درسال خرجس) (وسرةاالزحا، آاىت۵۳ان۴ وېفهمو	40
	رشتحى وريسف، ى ظفل وابا حمور هر ئەمج، المثلر نى بحفص ٨٦ ١٥ ٣٩ (،	10

Personality Grooming Activities	Unit/Chapter & Topic	Academic Week
Importance of Eid ul Azha Practice of Fazaian Code 4)بعفصرربىن38ائ93(درسال ﷺ جروسرةاالنزحا آاىت١٩ائ٢٥،وبغمم، رئېمجورشنىمى،ىظفلولباحمورەرئەمج	11
Celebration of Independence day Practice of Fazaian Code 5)ېخصررېىن39(درسال ئېچىس)ج(الىئلىرىنى	12
3 min talk Practice of Fazaian Code 6	مرربىن40ائ41 درسالسادس)افل(وسرةااليزحا، آاىت27ائـ40وېفممورشتحى،ىظفلواباحمور «ئامىج	13
Practice of Fazaian Code 7)بعنصربمن41 درس الس احس) افل (المتارني	14
Defence day celebration Practice of Fazaian Code 8)بعفصربمن42(درسالسادس) (وسرةاالىزحا ، آاىت40ائك4،ىظفارواباحمور «رتېمجورشتحى	15
Importance of Ashora e Muharram Practice of Fazaian Code 9)بعضرربىز43(درسالسادس) (المئارنى	16
Practice of Fazaian Code 10)بعفصر بمن 44 (در سرالس ادس) ج (وسر ة االنزح ا ، آای ت ؟ ۹ ا ت ۳۷ ، ی ظفل و ابا حمور در نهمجور شنحی، اامثلر نی	17
Motivational talk on religious tolerance) بعض ربمن 52 ان (ازجل الله ين ، ن يم د هي ادحلتي ، دحثي ربمن ۱ اات ۳۱ بطفل و ابا حمور مرتبمج ، و بفهم ، رشتمي ، و اض ت ح	18
Celebration of World Teacher's Day)بعفص ربین 53 (ازجل الله ی ن ن ن ن ن ن ن د د شی د حثی ربین ۴۱ ان ۵۱ یظفل و ابا حمور در نهمج، و بفهم، رشندی، و اض ت ح	19
)بعفصربمن67ات69(ازجل اللاثل،و موضاع بالطمهعل،ابطر تاور امسجین افصیہ،اعتر ف ،ووض،لسغ،،فشم	20
)بعفصر بمن70ات71 (ازجل اللاثل، و موضاع یا اطمهعل، ربو رک، رامری اارفادی اور المتجیع زدنیگ، قشم	21
) بعنص ربمن 72 انجل ۱ اللاث ل، و حوضاع ی اطم معل، اعیلی ز دنیگ ی کا تیمہ، ق شم	22

Personality Grooming Activities	Unit/Chapter & Topic	
	درېايئ	23
Celebration of Iqbal's Day	SEND-UP EXAMINATION SSC	24- 25
Importance of Rabi-ul-Awal & Seert-un-Nabi) بعضر بعن 53 ان جل اللي ن عن يهد هي احطثي، دحثي بعن ١٩ اك٠٠ يظفل و ابا حمور هر ئېمج، و بفهم ، رشت حي، و اضت ح	
)بعفصر بمن 45ات 46 (در سرالس ابع) افل (وسر ةابنحتمل، آ ایت ا ان ۶ وبفهم، رشتحی و ریسف، ی ظفل و ابا حمور در نهممج، المثلرنی	27
)بعفصر بمن 47 ان 48 (در سرال ۱۳۰ و سررة ابنعثه مل، آای ت ۱ ان ۳۱ و سررة ابنعثه مل، آای ت ۱ ان ۳۱ و بغم می در شنعی و ریسف، ی ظفل و ابا حمور در نه مم	28
)بخصربمن48 (درسالس ابع) (المثارنى	29
National Resolve Day to Promote Education) بعنص ربمن 75 ان 18 (از جل الله ثال، و موضاع ي الطمهعل، رجمت و ابجد، ق شم	30
Quaid's Day Celebration)بعض ربین 79 ان 108 (از جل ۱ الله شال ، و موضاع به ناطم بعل ، وقع قالبعلا) السنیز رو نش اور اللعب مت سرق لعنم وضح را رکم می الله نشتی بکریس شاور ار اشدات (، قشم	31
Sharing New Year Resolutions	(Revision of all core concepts) درهایئ:ازجلاال کی۔وسرةاالبزحا آایتاك۵۳	32
	PRE BOARD EXAM SSC	33- 34
Revision of Honour Codes	درهایئ:ازجلاال لی_وسرةاالزحا آایت۴۶ات۸۵	35
Kashmir Day	دره ای ن: درس الله عب ـ وسرة اهند کسل آلیت ۱ ان ۳۱،	36
Talk on Hard work and Motivation	درهای یٔ شیت: ۱)دئی ، دحثی ربین ۱۱ ان ۲۰	37

Personality Grooming Activities	Unit/Chapter & Topic	Academic Week
	، اىئ, ٹسیٹ : و موضاعیت اطم،عل، ابطریت و امسجین افسیئ، اعترف ،	38
	ووض، لسغ، ربو رک اور رامر <i>ی</i> اارفاد <i>ی</i> و الن <i>نهیع</i> زدن یگ	33
Talk on Honesty, Truthfulness and Compassion	دره ای نی شیث : و موضاعی اطم على ، اعی لئی زدن یگ بک اتبمه ، رجمت و ابجد	39
	دره اىئى ألسيتُ: وموضاعى اطمه على وقحق البلاد، وضعر ارك م ﷺ بك	40
	ریست اور اراشدات	40
	PREP LEAVES	41
	ANNUAL EXAM (PLAIN AREAS)	

WEEKLY SYLLABI BREAKDOWN: ACADEMIC SESSION 2019-20 COMPUTER SCIENCE: CLASS-X

NATIONAL BOOK FOUNDATION

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
1	Ice-Breaking at the Session Commencement [Introduction with classes, Overview of Textbooks/ Syllabi/ Time Table and General Academic Scheduling] (Pages 8-11) Chapter 01: Programming Techniques, Defining the Problem, Analyzing the Problem, Planning the Solution, Candid the Solution and Select the Best Solution.	Introduction to teacher / interaction of students
2	(Pages 11-18) Chapter 01 (contd): The Algorithm, Role of Algorithm in Problem Solving, Measuring Efficiency of an Algorithm and Algorithms for Solving Problems	Importance of Labour day
3	(Pages 18-27) Chapter 01(contd): Flowchart, Importance of Flowchart, Steps for Drawing Flowcharts, Flowchart Symbols, Flowcharts to Solve Problems	Celebration of mother's day
4	(Pages 28-29) Chapter 01 (contd): Key Points, Exercise, Short Questions and Extensive Questions	Practice of Fazaian Honour Code 1
5	(Pages 30-35) Chapter 02 Programming in C, Introduction, Programming Languages, Characteristics of High level Languages, Popular High Level Languages, and Compiler & Interpreter. Lab Activity : Installation of C – Compiler	Practice of Fazaian Honour Code 2
6	(Pages 36-42) Chapter 02 (contd): Programming Environment, IDE, IDE of C, Programming Basics, C Language Character Set, Reserved Words, Header Files, Structure of a C Program and Comments in C Language	SUMMER SCHOOL-SSC
7	(Pages 43-48) Chapter 02 (contd): Constants and Variables, Rules for Specifying variable names, Data Types used in C Programs. Typecasting in C Language and the Constant qualifier.	
	Lab Activity: - Familiarization with IDE of C – Compiler.	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
8	(Pages 49-51) Chapter 02 (contd): Key Points, Exercise, Short Questions and Extensive Questions. Lab Activity: Write some programmes using printf (), Scanf (), Format, Specifier, Escape Sequences, getch	SUMMER SCHOOL-SSC
9	REVISION	
10	(Pages 52-55) Chapter 03 :Input and Output Handling, Introduction, Input and Output Functions, Output Functions, Displaying Single Characters, Displaying Strings and Displaying Text, Variables, Constants and Expressions.	Practice of Fazaian Honour Code 3
11	(Pages 55-64) Chapter 03 (contd): Input Functions, Statement Terminator and Format Specifiers.	Importance of Eid ul Azha Practice of Fazaian Honour Code 4
12	(Pages 64-76) Chapter 03 (contd): Escape Sequence, Arithmetic Operators, Assignment Operators, Relational Operators, Logical Operators, Increment and Decrement operators, Difference between Assignment and Equal To Operator, Difference between Unary and Binary Operators, Conditional Operator and Order of Precedence of Operators, Lab activities: Solving arithmetic problems to calculate average, percentage, and grades etc. Calculating area, volumes, parameters of some geometric shapes	Celebrations of Independence Day Practice of Fazaian Honour Code 5
13	(Pages 76-79) Chapter 03 (contd): Key Points, Exercise, Short Questions and Extensive Questions.	Practice of Fazaian Honour Code 6
14	(Pages 80-85) Chapter 04 Conditional Control Structure: Introduction, Control Structure, Control Statement, Conditional Statement, Structure of IF Statement, Use of IF Statement, Structure of IF-ELSE Statement and use of IF-ELSE Statement.	Practice of Fazaian Honour Code 7
15	(Pages 85-92) Chapter 04 (contd): Structure Of IF-ELSE-IF Statement, Use of IF-ELSE-IF Statement and Switch Statement. Lab Activity: Comparing numbers	Celebrations of Defence Day Practice of Fazaian Honour Code 8
16	(Pages 92-96) Chapter 04 (contd): Advantages and Limitation of Switch Statement, Using Conditional Operator in Program and Nested Selection Structure Lab Activity: Solving quadratic Equation	Importance of Ashora e Moharram Practice of Fazaian Honour Code 9

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities
17	(Pages 96-99) Chapter 04 (contd): Key points and Exercise, Short Questions, Extensive Questions and Lab Activities. Lab Activity: Finding factorial of given numbers	Practice of Fazaian Honour Code 10
18	REVISION	
19	(Pages 100-108) Chapter 05: Loop Control Structure, Introduction, Loop Structure, Types of Loop Structures, The FOR Statement,	World's Teachers Day
	Lab Activity: Finding Table of a given number	
20	(Pages 109 – 114) Chapter 05 (contd): The WHILE Statement, The DO WHILE Statement and difference between WHILE () and DO-WHILE () Loops. Lab Activity: Generating / Summing of simple series (even/odd)	
21	(Pages 115 – 120) Chapter 05 (contd): The Break and Continue Statement and Nested Loops.	3 min talk
22	(Pages 121 – 123) Chapter 05 (contd): Key Points, Exercise, Short Questions, Extensive Questions and Lab Activities.	
23	REVISION	
24-25	SEND UP EXAM SSC	Celebration of Iqbal's Day
26	(Pages 124-129) Chapter 06 : Computer Logic and Gates, Introduction, Data Representation in Computer, Logic Gates, Digital Logic and Logic Gates, Basic Logic Gates, Truth table and Logic Gates and their Truth Tables.	Importance of Rabi- ul- awal
27	(Pages 129–135) Chapter 06 (contd): Creating NAND, NOR, XOR, and XNOR Gates using Basic Gates, Conversion of Boolean Function to logic circuit, Karnaugh Map, Simplification of Two-Variable Boolean Function Using Karnaugh Map, Simplification of Three-Variable Boolean Function Using Karnaugh Map and Building Logic Circuit from Simplified Boolean Expression.	
28	(Pages 136-137) Chapter 6 (contd): Key Points, Exercise, Short Questions and Extensive Questions.	

Academic Week	Unit/Chapter & Topic	Personality Grooming Activities		
29	(Pages 138-149) Chapter 7: Worldwide Web and HTML, Introduction, Terms related with Worldwide web, Types of Websites			
30	(Pages 149-160) Chapter 07 (contd): Introduction to HTML, Creating and Displaying HTML Document, Tags used to Mark-Up-HTML Elements, The HTML, Head and Body Tags, Text Formatting, Basics of Text Formatting and Text Formatting tags, Using Text Formatting Tags.	National Resolve Day		
31	(Pages 160-171) Chapter 07 (contd): Creating Lists in HTML, Types of Lists, Creating Lists, Images and Backgrounds, Adding image in a web page, Specifying Image Size in a web Page, Applying Background and Foreground colours and Applying background Image. Lab Activity: Create a webpage / website involving Lists, Images and backgrounds.	Celebration of Quaid's Day		
32	(Pages 171-187) Chapter 07 (contd): Hyperlinks, Anchor tags, Creating a Hyperlink to a web page, creating a Hyperlink within a web page, Creating a Graphical hyperlink, Creating Tables, Creating Frames. Key Points, Exercise, Short Questions, Extensive Questions and Lab Activities Lab Activity: Create a webpage / website involving Hyperlinks and Tables			
33-34	PRE BOARD EXAM SSC			
35	Revision and test Ch # 01 and 02			
36	Revision and test Ch # 03	Kashmir Day		
37	Revision and test Ch # 04	Talk on Hard work and Motivation		
38	Revision and test Ch # 05			
39	Revision and test Ch # 06 & 7			
40	Revision and test Ch # 1-7			
41	PREP LEAVES			
FBISE SSC EXAMINATION COMMENCES				

GUIDELINES FOR TEACHERS

Note: All teachers must have a copy of the following guidelines regarding Syllabi Breakdown.

1. <u>Values Education and Personality Grooming Activities in Syllabi Breakdown:</u>

- (a) Personality Grooming Activities taking place in all classes in the same week have been underlined. Content of Values Education will be dispatched separately.
- (b) The material on Values Education supplements Personality Grooming activities and may have a considerable amount of overlap. Teachers may merge or choose one of the two in case of time limitation.
- (c) 70% of the activities related to personality grooming activities and Values Education must be covered by each subject teacher.
- (d) Concept / topics underlined in Personality Grooming Programme column are suggested to be talked about briefly by all teachers in their respective classes. Full length functions/events should be avoided. Final decision lies with the principals or the nominated faculty members.
- (e) The minute talks by 2 3 students are to be held in <u>each class</u> on <u>daily basis</u> to ensure participation of all students as per the following guidelines:

Talk	Classes	
One minute	(Prep - III)	
Two minutes	(IV - VIII)	
Three minutes	(IX - XII)	

- (f) The conduct of visits may be determined by the Principals as per required arrangements/security reasons etc. If some visit is not possible due to security or other reasons, teachers may hold simulations / virtual tours / role plays etc. to familiarize the children with the target concepts.
- (g) Personality Grooming Activities (extreme right column except in (Urdu & Islamiat) have mostly been related to the learning objectives to be covered during the given academic weeks (extreme left column except in (Urdu & Islamiat).

2. Academic part of the Syllabi Breakdown:

- (a) Diversified methodology of teaching should be used but special attention should be paid to project based and inquiry based learning and teaching.
- (b) At least 02 projects related to the syllabus content should be conducted in the whole academic year to promote. Teachers should be encouraged to combine two or more subjects for these projects.
- (c) Lesson Plan Objectives must focus on Higher Order Thinking Skills of students along with Lower Order Thinking Skills.
- (d) To ensure Outcomes/Objectives Based Education, the syllabi content should be used as guide-lines and starting points only. Teachers should be encouraged to supplement the book content with extra resources.
- (e) For clarity of interpretation the 'omitted' and 'non-examinable' contents have been indicated.
- (f) Non-examinable pages / topics are supposed to be taught through discussions /activities. These are important for smooth conceptual progression. The tendency to cross out such topics altogether is strongly discouraged.
- (g) Oral subjects are to be assessed through recorded observations, teachers' diaries, participation in activities, educational games & focused discussions and thoughtfully prepared worksheets.
- (h) Special efforts should be made to teach Islamyat, Urdu, and Social Studies/ Pakistan Studies in interactive manner.
- (j) Syllabus breakdown for Art books is not provided. The activities are designed to be completed on weekly basis. However, teachers may design additional art projects activities if desired.
- (k) Teachers, especially in Prep III classes, should pay special attention to <u>Urdu and English handwriting</u> and feel free to additionally develop local worksheets for the same, if required.
- (I) Creative writing activities/exercises / competitions must be made frequent.
- (m) Essay writing techniques (genre) should be focused, and not the topics, to discourage rote learning. FTTI will give unseen topics for essay writing, in exam papers.

- (n) Verbal Math should be focused through word problems and interesting activities and Inter-section Math competitions may be held.
- (o) Academic year for classes Prep VIII comprises 40 weeks. However, 04 weeks will be consumed for Mid-term and Final term exams, leaving 36 weeks for taught classes.
- (p) Academic year for class IX comprises 44 weeks. However, 04 weeks will be used for <u>Summer School for selected subjects</u> and 04 weeks will be consumed for holding Send-up and Pre-board exams, leaving approximately 36 weeks for regular taught classes.
- (q) Academic year for class X comprises 41 weeks. However, 04 weeks will be used for <u>Summer School for selected subjects</u> and 04 weeks will be consumed for holding Send-up and Pre-board exams, leaving approximately 33 weeks for regular taught classes.
- (r) Days to be highlighted / celebrated have been specified in table below:

Sr No.	Name of Event	Date
1	Labour Day	01 May, 2019
2	Mother's Day	12 May, 2019
3	Start of Ramadan	07 May, 2019
4	Independence Day	14 Aug, 2019
5	Eid-ul-Azha	12-14 Aug, 2019
6	Defence Day	06 September, 2019
7	Ashora-e-Moharram	10 – 11 September, 2019
8	Teachers' Day	05 October, 2019
9	Iqbal Day	09 November, 2019
10	12 th Rabi-ul-Awwal	10 November, 2019
11	National Resolve Day to Promote Education	16 December, 2019
12	Quaid's Day	25 December, 2019
13	Kashmir Day	05 February, 2020
14	Pakistan Day	23 March, 2020

Note: The above guidelines must be handed over to each teacher and be placed in the teachers' folders.